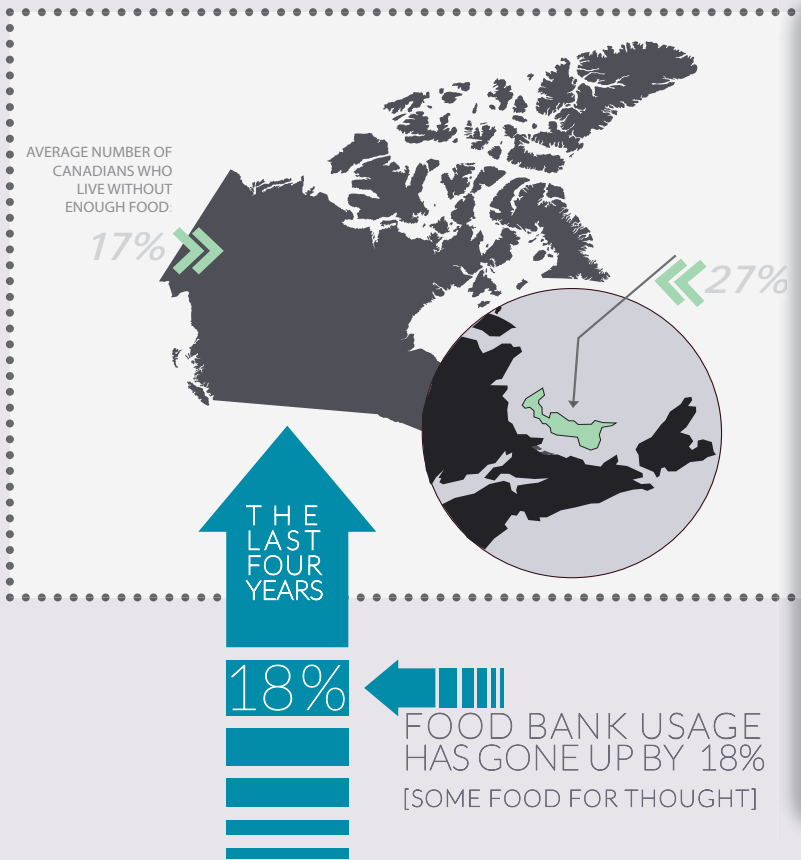


BASIC NEEDS: FOOD

Islanders living in poverty struggle to meet their basic food needs.



We heard... Islanders will wait until they are at their breaking point before attending local foodbanks and soup kitchens.

We heard... that many people don't feel safe going to the soup kitchen. They are nervous of people who go there with addictions or poorly managed mental health challenges.

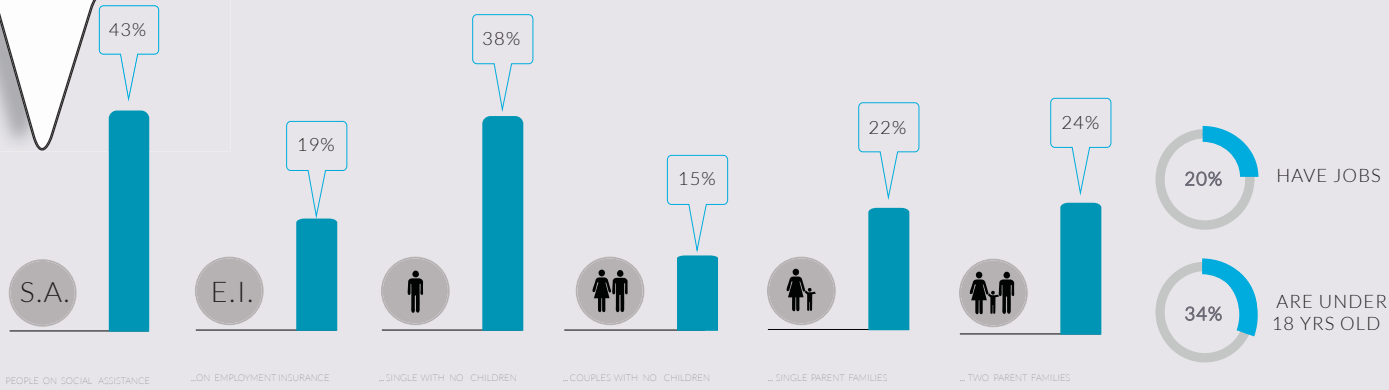
We heard... that when families use less healthy options for school lunches, teachers send notes home with children telling parents to pack healthier lunches.

We heard... that people don't want their friends or neighbors to know they are struggling, so they don't ask for help.

2005 Then Now 2013

SEVEN YEARS AGO. THE LAST TIME SOCIAL ASSISTANCE ASSESSED FOOD COSTS

WHO IS USING THE FOOD BANKS?



FOOD CHALLENGE SOLUTIONS

- Have free community gardens.
- Buy healthy food in bulk and share it among a group of people.
- Have a free lunch program in schools (like the Breakfast Program).
- Give incentives for young people to run small farms and sell locally.
- Make the food bank and soup kitchen more safe and welcoming for everyone.
- Subsidize costs for milk/bread/eggs so people can eat healthy: maybe local farming co-ops are the answer.
- Have land available for people to farm and share the produce.